

APRIL TRAINING TIMETABLE

Tuesday: 8th 15th

4.45pm to 5.30pm	Kids Beginner to Intermediate
5.30pm to 6.15pm	Kids Intermediate to Advanced
6.15pm to 7.00pm	Teen/Adult All Belts
7.00pm to 8.00pm	Competitors Squad

Thursday: 10th 17th

4.45pm to 5.30pm	Kids Beginner to Intermediate
5.30pm to 6.15pm	Kids Intermediate to Advanced
6.15pm to 7.00pm	Teen/Adult All Belts
7.00pm to 8.00pm	Competitors Squad

Saturday: 12th 19th

10.00am to 10.30am	Kids Beginner to Intermediate
10.30am to 11.00am	Kids Intermediate to Advance
11.00am to 11.45am	Teen/Adults All Belts

NORMAL TIMETABLE RESUMES TUESDAY 22nd APRIL